



UNIVERSITY
PLACE

VOLUNTEER CENTER

2811 Bridgeport Way W., Suite 11, University Place WA, 98466 • 253.223.0039 • www.UPVolunteers.org

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NON-PROFIT NEWS

September • October 2010

Back to School

Fall is upon us, the weather is cooling and kids have returned to area schools. This is an exciting time for students as they dive into their studies, reconnect with friends and participate in various school activities.

With the return to school it is also a great time to get out and volunteer. Do you need hours for graduation or school requirements? What about for scouts or other service organizations? At the University Place Volunteer Center (UPVC) we can help you find those opportunities. If you are a parent of a University Place school child we also need your help. Many nonprofits in the city are looking for volunteers to help with important projects. Playground by the Sound, Duck Daze, Curran Apple Orchard and U.P. Parks are just some of the organizations looking for your help.

In order to find out about opportunities go to our new website at www.upvolunteers.org. There you will be able to create an account and sign up for opportunities. If you don't see anything that fits you, please give our office a call at 253.223.0039 or email at DGallagher@UPVolunteers.org. Make sure you create your account with all of your contact information and we will let you know about future events. Read the Non Profit News or check the website for any new opportunities or events

We look forward to a great year and partnering with the community for a better UP.

Simple Supper

Families Unlimited Network would like to invite you to the second annual Simple Supper on October 23 from 6 - 8 p.m. at Curtis High School Cafeteria. This is a great way to learn more about the programs that F.U.N. has to offer and how you can be involved. For more information please go to www.FamiliesUnlimitedNetwork.org or call 460.3134

Back to School Fair 2010

Families Unlimited Network provided backpacks and school supplies to 402 children in the University Place School District at our annual fair held on August 16 at University Place Presbyterian. Donations were collected by local area churches and the fire department. Thank you to the community for supporting our school children!



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U.P. Parks & Recreation programs!

Youth Basketball – Sign up dead line November 16. Co-ed pre-k to 3rd grade; Boys – 4th to 7th grade; Girls 4th to 7th grade

Youth Cultural Arts – Creative movement [pre-ballet] Ballet; Jazz for beginners; and Hip Hop classes

Martial Arts Session II – starts in October

Trips and Tours – Overnight trip to Lake Quinalt Casino & Ocean Shores December 4 – 5 Registration deadline November 22.

Be sure to visit the web site for all events, information and classes available www.CityofUP.com, 253.460.2530

Shuttle UP – A free transportation Program for seniors residing in University Place.

The University Place Senior Center is offering bi-weekly transportation to our meal site program and bi-monthly transportation to local shopping centers. We will use our 14 passenger shuttle to pick you up from your home, take you to the designated destination, and return you to your front door. To qualify for this service, you must: Live within University Place City Limits or a partnering organization. Be independently mobile or aided by a care-giver. Our bus driver cannot escort shoppers. You must be 61 years of age or older

If you are interested in this free and unique opportunity, call the University Place Senior Center at **564.1992**. **There must be at least 5 interested participants for each trip to take place. Reservations must be made THREE WORKING days prior to departure day.**

SHUTTLE UP to lunch

- Meal site days are Tuesday and Friday. Lunch is served at noon.
- Pick up times for the meal site programs will be between 10 a.m. & 11 a.m.
- You will be called the day prior with an estimated pick up time.

SHUTTLE UP to shop – Shopping days will be the second and last Thursday of the month. Pick up times will be between 10 a.m. & 11 a.m. You will be contacted the day prior with an estimated pick up time. (November and December schedules will be different to accommodate holiday's).

Vote for Playground by the Sound!

Help Playground by the Sound get a \$50,000 from Pepsi. Don't forget to vote everyday at www.RefreshEverything.com or by texting 100542 to PEPSI (73774). For more information visit www.PlaygroundByTheSound.org.

Food supplies are dwindling

The shelves at the University Place Food Bank, a program of Families Unlimited Network (F.U.N.), are looking somewhat bare. You can help out by donating food items (canned tomato products, canned beans, chili, peanut butter, soup, etc.) or money.

Donations accepted at:

- UP Food Bank, 2610 Sunset Drive West
- University Place Presbyterian Church, 8101 27th St W
- Olympic View Baptist Church, 4707 Elwood Dr W
- UP Fire Department, 3631 Drexler Dr W

Dash for Disabilities

Did you know that October is the National Disability Employment Awareness Month? Let's kick it off with a 5 K Run/Walk! Join us in our Dash for Disabilities!

CenterForce, a private non-profit agency has been providing services to people with developmental disabilities in the greater Puget Sound Area since 1968. We are hosting a 5 K Fun Run/Walk on Saturday, October 2, to benefit increasing employment opportunities for people with physical and/or developmental disabilities.

Dash for Disabilities will be held at the Central Meadows area of Chambers Creek Properties located at 6320 Grandview Dr. W, University Place. The start time is 9 a.m. Register online by visiting www.centerforce.net and click on the link for Dash for Disabilities. Day of race registration and packet pickup will open at 7:30 a.m. T-shirt availability not guaranteed.

For questions or to get more information contact CenterForce at (253) 584-1001.

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volunteer opportunities or information about
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